



Microdermabrasion by Haley Brooke

Name:

DOB:

Microdermabrasion also known as MDA is a form of mechanical exfoliation. MDA uses a combination of suction and physical exfoliation using an abrasive diamond tip.

The aim of MDA is to reduce excess sebum and Keratin production on the surface of the skin.

Microdermabrasion induces an inflammatory response, stimulating the production of collagen and elastin within the lower layers of the skin.

A series of MDA improves the overall skin tone and texture of the skin.

Indications

All Fitzpatrick Skin Types

Oily skin types

Congestion (non active acne)

Uneven skin tone and pigmentation (e.g. actinic keratosis)

Scarring (requires a longer series of treatments)

Improving the look of fine lines

General facial rejuvenation

Contraindications of Microdermabrasion

You should not undergo PDT if you are pregnant, trying to conceive or breastfeeding.

PDT is not indicated for people with active infections (active acne or infectious lesions on the treatment area)

If you have recently had unprotected sun exposure (e.g. sunburn)

Rosacea

Side Effects

Possible side effects of microdermabrasion treatment include discomfort, erythema (redness), tightness, flaking and dryness, sensitivity and grazing. Side effects may last from 1 – 2 weeks.

Complications

Possible complications of microdermabrasion treatment include bleeding, bruising, swelling of fragile skin, PIHP. Complications may last from 1 – 2 weeks or more, Haley will take measures to address any concerns you may have.

Guarantee

There can be no guarantee of results and while some people achieve excellent results, it is possible you may need a longer series of treatments and/ or these treatments may not work for you.

Pre Microdermabrasion Care

Please call the clinic if you have any active infections, your appointment may need to be rescheduled. Do not wax and avoid sun exposure prior 1-2 weeks prior to your appointment.

Remove any makeup prior to appointment.



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On the Day

Please arrive on time for your appointment, bring your own music if you like.
Your skin will be given a double cleanse and wiped over with a prep solution.
Pre Microdermabrasion images will be taken, these may be used in comparison at your reviews.
Pain management options during treatment include: a fan, cool water applied with damp cloth.
Following MDA treatment, a soothing cream and 50+SPF will be applied liberally to the face.

Post Microdermabrasion Requirements

Avoid excessive sun exposure, and heat for 48 hours following treatment
Do not pick at your face whilst it is healing.
Pain may be managed with standard paracetamol and cool compress.
Application of 50+ SPF is recommended daily. A gentle non 'active' moisturizer and cleanser may be used for 2 weeks following the procedure.
After your appointment, you may apply makeup.

Recommended Series

For general facial rejuvenation: a series of **5 – 10 sessions every 2-4 weeks.**
For Pigmentation and scarring: a series of **10 – 15 sessions every 2-4 weeks.**

Microdermabrasion Fee Schedule

- 1 Session is **\$70.00**
 - A Series of 5 sessions **\$325.00**
 - A series of 10 sessions **\$600.00**
- Every session requires a \$35.00 non refundable booking deposit for any cancellation without 24hours notice, or a failure to arrive.

I agree that I have read and understood this treatment information. I agree that I have none of the contraindications and consent to proceed with the treatment as planned.	
Please tick if you agree.	
Client Signature	
Date:	

Further Questions?

Please contact Haley for further questions.

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